

FILLING OUT THE PLP

PAPER AND WEB APP VERSION



WHAT IS A GOAL?

- **A GOAL IS SOMETHING THAT DEPENDS ON DAILY PERFORMANCE AND PROVIDES:**

- DIRECTION (ACTIONS/STEPS)**

- A SENSE OF ACCOMPLISHMENT (ACTUAL OUTCOMES)**

- DEFINES INDIVIDUAL GROWTH AND DEVELOPMENT OVER TIME (ACCOUNTABILITY)**



GOAL SETTING & PLANNING

TOOLS FOR EVERYDAY LIFE





Types of
Goals

**Short-Term
Goals**

Short-Term Goals

Short-Term Goals

Long-Term Goals

LIFE GOALS

EXAMPLES OF LONG-TERM GOALS

Become a US Citizen
Earn a Master's Degree
Start your own business
**Enter the Boston
Marathon**
Learning a new language

Examples of Short-Term Goals

Remodeling a Room in the house
Raising your grade in a specific school subject
Learning how to make macaroni & cheese

• LONG-TERM GOALS

- ❖ **PLANS YOU MAKE FOR THE FUTURE.**
- ❖ **USUALLY GOALS LASTING OVER A YEAR LONG.**
- ❖ **ACHIEVED OVER TIME AS A PERSON COMPLETES STAGES OF THEIR LIFE.**
- ❖ **USE SHORT TERM GOALS TO GET TO FINISH LINE OF THEIR LONG TERM GOAL.**

SHORT-TERM GOALS

**ACHIEVABLE IN THE NEAR
FUTURE
TYPICALLY UNDER ONE YEAR
LONG
SOMETIMES ARE SMALL
STEPS TO ENABLING AND
COMPLETING A LONG TERM
GOAL**

GOAL SETTING: SHORT-TERM GOALS

- **WHAT IS YOUR GOAL FOR THE NEXT WEEK, MONTH ETC.?**
- **HOW DO THESE GOALS RELATE TO YOUR OVERALL GOAL?**
- **WHAT ARE YOUR GOALS FOR THE TIME YOU ARE HERE?**
- **WHAT CAN I TEACH YOU THAT WILL HELP MEET YOUR GOAL?**
- **WHAT CAN YOU DO OUTSIDE OF CLASS TO ACHIEVE YOUR GOAL?**

STEPS TO MEET STUDENT'S GOAL

- WHAT DOES THE STUDENT HAVE TO DO TO MEET THEIR GOAL?
- WHAT DOES THE STUDENT HAVE TO KNOW AND BE ABLE TO DO TO MEET THE GOAL? WHAT EDUCATION IS REQUIRED?
- WHAT CAN WE, AS MIGRANT EDUCATORS, DO TO HELP THEM MEET THEIR GOAL?
- WHAT CAN THE STUDENT DO ON HIS/HER OWN, AFTER THE MIGRANT EDUCATORS ARE NO LONGER AROUND, TO ACHIEVE THEIR GOAL?



PRIORITIZING STUDENT'S GOALS & MAKING THEM S.M.A.R.T



PRIORITIZING STUDENT GOALS

Prioritizing means that you decide what is most important to you right now. All of your goals are important, but it's impossible to work on all of them at once.

HOW DO YOU DECIDE WHAT TO DO FIRST?

1.

- Choose what is most important to the student right now.

HOW DO YOU ADJUST YOUR GOALS?

2.

- Focus mainly on that goal.

THE IS CALLED PRIORITIZING

3.

- Add additional goals as they become comfortable with their efforts.

4.

- Being flexible is important. Change your focus on goals as your life changes.

S.M.A.R.T GOALS WILL:

- **GIVE YOU CLARITY ABOUT WHAT YOU WANT TO ACCOMPLISH;**
- **MAKE YOU THINK ABOUT WHY YOU ARE TRYING TO ACHIEVE EACH GOAL;**
- **MAKE YOU DEFINE THE ACTIVITIES YOU NEED TO COMPLETE;**
- **KEEP YOU MOTIVATED BY FOCUSING ON THE END RESULT; AND**
- **MAKE YOU WORK TOWARDS A SPECIFIC DEADLINE.**

THINK S.M.A.R.T

S- SPECIFIC

M- MEASUREABLE

A- ACHIEVABLE

R- REALISTIC

T- TIME



ACTIVITY 1: CREATE STUDENT GOAL

MY OVERALL GOAL : _____

1. SPECIFIC

WHO:

WHAT:

WHERE:

WHEN:

HOW:

3. ACHIEVABLE

WHAT WILL I NEED ? : _____

HOW TO FIND TIME? : _____

WHO CAN SUPPORT ME? : _____

NEED TO RESEARCH ON : _____

2. MEASURABLE

I WILL KNOW I ACHIEVED MY GOAL WHEN: _____

4. REALISTIC

WRITE DOWN WHY YOU WANT TO COMPLETE YOUR GOAL

5. TIME

ANTICIPATED GOAL FINISH DATE & BENCHMARK DATES

I WILL REACH MY GOAL BY: __/__/__

I COMPLETED _____ ON __/__/__

EXAMPLE OF CREATING A S.M.A.R.T GOAL

My Overall Goal :[Get My Driver's Licence](#)

1. Specific

Who: I

What: Get Drivers Permit

Where Home, DMV

When: By March 22, 2020

How: Study Drivers Manual contents, Pass Written Exam

3. Achievable

What will I need: Study [time.drivers manual Practice and understand essential \(#\) of Driving Procedures,](#)

How to find time: Will study 1 hour 5 times a week after work

Who can support me: Cousin, teacher, friends

Need to Research on: [what documents to bring to the exam](#)

5. Time

Anticipated Goal Finish Date & Benchmark dates

I will reach my goal by: **3/22/2020**

2. Measurable

I will know I achieved my goal when: I receive a 70% or higher on the test and understand the contents of the book.

4. Realistic

Write down WHY you want to complete your goal

To be able to drive myself to locations and not depend on others for a ride

On 11/17/19

On 12/01/19

On 2/6/20

I received the NYS DMV manual

I completed: Memorized/know All(#) road signs

I dont know 10 steps of parallel parking






Student Name:

METS STAFF:

Student Type: OSY DO D+

METS:

Goal-Setting

-  **S**PECIFIC, SIGNIFICANT, STRETCHING
-  **M**EASUREABLE, MEANINGFUL
-  **A**CTIONABLE, AGREED-UPON, ATTAINABLE
-  **R**ELEVANT, REALISTIC, RESULTS-ORIENTED
-  **T**IME-BOUND, TANGIBLE, TRACKABLE

<p>Instructional Focus Areas:</p> <p><input type="checkbox"/> ESL/ENL <input type="checkbox"/> High School Equivalency (HSE) <input type="checkbox"/> Life Skills <input type="checkbox"/> P.A.S.S. <input type="checkbox"/> Health Education</p>	<p>Long-term Goal: <input style="width: 100%;" type="text"/></p>
<p>Referral and/or Academic Support:</p> <p><input type="checkbox"/> High School Diploma <input type="checkbox"/> Job Training <input type="checkbox"/> CAMP <input type="checkbox"/> HEP <input type="checkbox"/> Other: <input style="width: 50px;" type="text"/></p>	<p>Short-term Goal: <input style="width: 100%;" type="text"/></p>
<p>Short-term Goal Started: <input style="width: 20px;" type="text"/> / <input style="width: 20px;" type="text"/> / <input style="width: 20px;" type="text"/> Short-term Goal Ended: <input style="width: 20px;" type="text"/> / <input style="width: 20px;" type="text"/> / <input style="width: 20px;" type="text"/></p>	

Instruction: Identified steps and/or actions to be taken to achieve short-term goal(s).
 Has the student made any progress toward their goal?: Yes No If "NO", Student did not participate Student left the area

	Steps/Actions	Completed Y/N	Progress Comments
1		Y/N	
2		Y/N	
3		Y/N	
4		Y/N	
5		Y/N	
6		Y/N	
7		Y/N	
8		Y/N	