## Guidelines for Parent/Caregiver Discussion with School

Please describe the circumstances that has impacted your child/family. What is important for school/school staff to know and understand?

Concerns I’d like to discuss:

* Academic - Please describe:
* Emotional - Please describe:
* Behavioral - Please describe:

Support Resource Options I’d like to discuss:

* From Teacher
* From Nurse
* From School Counseling Staff
* Availability of Extra Academic Help
* Other available supports (such as support groups)

*Extra help is available. When talking to school staff, explore:*

* With whom?
* Where?
* When?

  *School staff may have helpful suggestions and ideas about how to address the following. Sharing what you know about your child or ideas you/your child have will also be helpful.*

# How can my child let teachers & school counselors know when he/she/they is having a tough time?

How can my child let teachers & school counselors know when a break is needed?:

Where can a break happen at school?

What strategies can my child use during this break to help feel better?

Please identify who you would like school staff to contact regarding questions or concerns. The best method right now is:

* Notes home
* Email (please provide)
* Call or Text? (please provide)

Ask staff to specifically contact you when they observe or have concerns regarding the following:

What information, if any, can or should be shared with classmates?