# For Parents with a Three-year-old Child

Every child develops at his or her own pace. Your three-year-old might be ready for these activities.

#### **Approaches to Learning**

- Copies adults and friends
- Can work with toys that have buttons, levers, and moving parts
- Does puzzles with 3 or 4 pieces

## **Physical Development and Health**

- Climbs well
- Runs easily
- Pedals a tricycle (bike with 3 wheels)
- Walks up and down stairs with one foot on each step
- Screws and unscrews jar lids or turns door handle
- Builds towers of 6 or more blocks
- Dresses and undresses self

### **Social and Emotional Development**

- Takes turns in games
- Shows concern for a crying friend
- Understands the idea of "mine" "his" or "hers"
- Shows a wide range of emotions
- Separates easily from mom and dad
- Says name, age, and gender
- Says words like "I," "me," "we," "you," and some plurals (cars, toys)

#### Communication, Language and Literacy

- Follows instructions with 2 or 3 steps
- Can name most familiar things
- Understands words like "in,"
  "on," and "under"
- Talks well enough for strangers to understand most of the time
- Carries on a conversation using 2 to 3 sentences
- Copies a circle with a pencil or crayon
- Turns book pages one at a time

# Knowledge of Mathematics, Visual Arts, and Dramatic Play

- Understands what "two" means
- Plays make-believe with dolls, animals, and people

Talk, read, sing, play, and move together every day.

Parents: You know your child best. If you have any concerns about your child's development, talk with your child's medical provider. If your child goes to a preschool program, talk with your child's teacher, too.