



Protecting Your Children

What Parents Need To Know About Bullying

Tracey D. Messinger, M.S. Ed.

Cyberbullying

English

Housekeeping



Characteristics of Students Who Are Bullied

- Emotional
- Physical
- Social
- Academic
- Attendance



Characteristics of Students Who Bully

- Aggression
- Manipulation
- Lack of empathy
- Blames others
- Doesn't take responsibility for actions or behaviors
- Exposed to bullying or aggression at home
- Concerned about reputation
- Feels justified



Cyber Threat

- Texting, social media, emails
- Fake Profiles
- Anonymous
- Chat Rooms
- Mass texts or emails
- Sexting
- Rumors, lies, photo shopped pics



Statistics on Cyberbullying

- 40% threatened on line
- 1 in 4 students have experience more than once
- 32% of parents **stop supervising students online** after age 11



What is Cyberbullying?

- Texting, social media, emails
- Fake Profiles
- Anonymous
- Chat Rooms
- Mass texts or emails
- Sexting
- Rumors, lies, photo shopped pics



Warning Signs





DASA Legislation

- Dignity for **A**ll **S**tudents **A**ct
- Legislation 2012
- Bullying, Harassment and Discrimination
- Amended 2013
- Cyberbullying



Covered Groups: NYS (11)

- Race
- Color
- Weight
- National Origin/Ethnicity
- Religion
- Religious Practice
- Disability
- Sexual Orientation
- Gender
- Gender Identity or Expression
- Sex



- **Code of Conduct Issues**
- Other acts of bullying not covered under protected groups
- Examples: poverty, being weird, different, tall, short, athletic, musical, etc.

Why Don't Students Report Bullying?



What Prevents Reporting?



Bystander to Advocate

The Cycle of Bullying

Victim

A. Bully

B. Follower or henchman – may even carry out the acts

C. Supporter, takes part in the bullying

D. Passive Supporter – seems to like the bullying but does not take an active part

E. Disengaged Onlooker

F. Passive Defender – dislikes the bullying but does not show open defense

G. Defender – Dislikes the bullying and tries to help the victim

Social Culture

- Other people involved in Bullying
- Skills students need?

How to Report

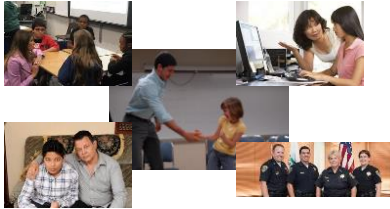
- Report to school (who?)
- Say something
- Report to police

Report it
for everyone's sake

Helping Your Students

- Speak up
- Filter—Is it true?
- Post less
- Don't over share
- Practice
- Develop coping skills
- Expectations and limits
- Work with school

Resources for Helping Students



Questions

- Questions not answered?

