

**Dear Parents:**

Talk, read and sing with your child in the language you are most comfortable using.

**SING**

Sing during everyday activities like riding in a car or bus, or during bath time. You can make up a simple song like, “Wash your toes, and wash your chin!”

***Talk, Read, and Sing Together Every Day!***

**မိတ်ဖ်လၢတၢ်အဲၣ်အိၣ်သ့ၣ်စၢ**

တဲသကိးတၢ်,ဖးလံာ်ဖးလံာ်ဒီးသးဝံၣ်တၢ်ဒီးနဖိလၢကျိၣ်လၢနသ့အိၣ်အါ  
ကတၢၢ်လၢအညိၣ်လၢနဂီၢ်တက့ၢ်.

**သးဝံၣ်တၢ်**

သးဝံၣ်တၢ်လၢနတၢ်ဟူးတၢ်ဂၢၤပူၤအဆၢကတီၢ်ကိးနံၤဒီးဒ်သိးတၢ်ဒီးသိ  
လ့ၣ်မ့တမ့ၢ်လၢဘၢးစံပူၤ,မ့တမ့ၢ်ဖဲလၢလုာ်ထံအဆၢကတီၢ်တက့ၢ်. နစး  
အိၣ်ထီၣ်တၢ်သးဝံၣ်ယိယိဖိဒ်သိး, “သ့နခိၣ်မ့ၢ်သ့ၣ်တဖၣ်.ဒီးသ့နခိၣ်”  
သ့ဝဲလီၤ.

တဲသကိးတၢ်,ဖးသကိးလံာ်,ဒီးသးဝံၣ်သကိးတၢ်ကိးနံၤဒီးတက့ၢ်.